

Rye Neck Middle  
& High School

2023

**December**  
Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Ham & Cheese Bagel Melt Orange Milk
4 Sausage Egg & Cheese Corn Muffin Peach Milk	5 Western Style Scrambled Egg Breakfast Wrap Sliced Apple Milk	6 Homemade Banana Strawberry Smoothie Yogurt Parfait Orange Milk	7 Homemade Pancakes & Sausage Patty Sliced Apples Milk	Strawberry Yogurt Parfait Chilled Pear Milk
11 Belgian Waffle w Caramelized Apples Pear Milk	12 Bacon Egg & Cheese Fresh Baked Muffin Melon Milk	13 Mixed Berry Parfait Banana Milk	14 Homemade Oatmeal w Berries Sliced Apples Milk	15 Western Style Scrambled Egg Breakfast Wrap Orange Milk
18 Strawberry Yogurt Parfait Chilled Pear Milk	19 Ham & Cheese Bagel Melt Peach Milk	20 Homemade Oatmeal Choose your Toppings Grapes Milk	21 French Toast Sticks & Sausage Patty Orange Milk	22 Bacon Egg & Cheese Fresh Baked Muffin Apple Milk <b>Early Dismissal No Lunch</b>
25 <b>Winter Break</b>	26 <b>No</b>	27 	28 <b>School</b>	29 Breakfast Includes: Entrée, Fruit, Juice and Choice of 1% White or Fat-Free White

**Special News...**  
**Student Breakfast**  
\$1.50 – Daily Menu\*  
\$2.50 - Premium  
Adults \$2.72 + tax  
Breakfast Includes:  
Entrée, Fruit, Juice and  
Choice of 1% White or Fat-  
Free White Milk  
  
**Daily Offerings:**  
WG Bagel w Butter or  
LF Cream Cheese,  
Assorted Homemade  
Muffins,  
Assorted Reduced Sugar  
Cereals w Milk &  
String Cheese  
or HB Egg,  
Fresh Made to Order Egg  
Sandwiches  
  
Fresh Fruit Available Daily  
  
\* Students Must Choose Three  
Food Items Offered at Breakfast  
to Receive the Special Meal  
Price (Note: One Must Be Fruit).  
  
\*\*\*The Breakfast Fare is  
Prepared with Little or No  
Added Fat, Sugar or Salt.\*\*\*

Menus are subject to  
change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

*This institution is an equal opportunity provider and employer.*

If you have any questions or comments, please call the Food Service Department at 914-777-4845 Kaycee Czyzak FSD

